

Store	Category	Item Name	Brand	Price
Costco	Baking	Perfect Blend Flour	Namaste Foods	8.99
Costco	Bread/Baking Mixes	Multi Grain Bread	The Essential Baking Company	7.99
Costco	Bread/Baking Mixes	Whole Grain Bread	Udi's	6.99
Costco	Breakfast Food	Bagels	Udi's	5.99
Costco	Dessert	Chocolate Chip Brownie Mix	Johnny's	9.99
Costco	Granola	Granola Original	Udi's	6.79
Costco	Granola/Protein Bars	Protein Delights	Nogh	13.79
Costco	Granola/Protein Bars	Pure Protein Bar	Pure Protein	17.69
Costco	Main Dish	Chicken Burritos (frozen)	Udi's	10.79
Costco	Main Dish	Peperoni Pizza (frozen)	Udi's	13.69
Costco	Noodles	Black Bean Spaghetti	Explore Asian	8.99
Costco	Noodles	Penne Pasta	Solare	6.79
Costco	Rice	Gourmet Rice Snack	Wild Rice Works	5.99
Costco	Snack	Rollers (Rice Krispy Treats)	Bamboo Lane	6.99
Costco	Snack	Sea Salt Chips	Kettle Potatoes Chips	4.59
Costco	Snacks	Baked Crackers	Milton's	7.69
Costco	Snacks	Chia Seed Tortilla Chips	Garden of Eatin	5.79
Costco	Snacks	Crackers	Mary's Gone Crackers	8.59
Costco	Snacks	Multi-Grain Crackers	Crunchmaster	7.49
Costco	Snacks	Multigrain	Food Should Taste Good	5.99
Costco	Snacks	Popcorn	Pirate's Booty	8.99
Costco	Snacks	Pumpkin Palooza Crisps	Nutritious Nut Creations	10.99
Costco	Snacks	Sweet Potatoes Tortilla Chips	Late July Snacks	5.99
Costco	Snacks	Tortilla Chip	Way Better Snacks	6.79
Meijer	Baking	All Purpose Flour	Pamela's	14.99
Meijer	Baking	Breadcrumbs	Glutino	3.99
Meijer	Baking	Breadcrumbs	Schar	3.29
Meijer	Baking	Flour	Cup 4 Cup	15.99
Meijer	Bread/Baking Mixes	Baking Mix	Cup 4 Cup	5.39
Meijer	Bread/Baking Mixes	Cinnamon Raisin Sliced Bread	Udi's	5.39
Meijer	Bread/Baking Mixes	Hamburger Buns	Udi's	5.39
Meijer	Bread/Baking Mixes	Hamburger Buns/Classic Rolls	Schar	4.49
Meijer	Bread/Baking Mixes	Hot Dog Buns	Schar	4.99
Meijer	Bread/Baking Mixes	Hotdog Buns	Udi's	5.39
Meijer	Bread/Baking Mixes	Pancake Mix	Glutino	6.9
Meijer	Bread/Baking Mixes	Pancake Mix	Pamela's	16.99
Meijer	Bread/Baking Mixes	Pancake Mix	Glutino	4.29
Meijer	Bread/Baking Mixes	Pizza Crust Mix	Cup 4 Cup	7.59
Meijer	Bread/Baking Mixes	Pre-made Baguettes	Schar	6.29
Meijer	Bread/Baking Mixes	Pre-made Pizza Crust	Schar	6.99
Meijer	Bread/Baking Mixes	Sliced Bread		5.99
Meijer	Bread/Baking Mixes	Sliced White Bread	Schar	5.49
Meijer	Bread/Baking Mixes	Whole Grain sliced Bread	Udi's	5.39
Meijer	Breakfast Food	Toasted Pastries	Glutino	4.39
Meijer	Dessert	Brownie Mix	123 Gluten Free	6.99
Meijer	Dessert	Chocolate Covered Pretzels	Gratify	3.59

Meijer	Dessert	Cocoas & Vanilla Cookies	Annie's	4.49
Meijer	Dessert	Cookies	Udi's	3.99
Meijer	Dessert	Lemon Bar Mix	Glutino	6.9
Meijer	Dessert	Pan Bars Mix	123 Gluten Free	6.99
Meijer	Dessert	Shortbread Cookies	Schar	3.99
Meijer	Dessert	Snicker doodles	Annie's	4.49
Meijer	Granola/Protein Bars	Blueberry Granola Bars	Glutino	4.95
Meijer	Granola/Protein Bars	Caramel Apple Granola Bars	Enjoy Life	3.99
Meijer	Granola/Protein Bars	cherry Cobbler Bars	Enjoy Life	4.99
Meijer	Granola/Protein Bars	Coco Loco Bar	Enjoy Life	3.99
Meijer	Granola/Protein Bars	Granola Bars	Chocolate Sunbutter	4.99
Meijer	Granola/Protein Bars	Mixed Berry Bar	Enjoy Life	3.99
Meijer	Main Dish	Beef Lasagna Mix	SunMills	2.99
Meijer	Main Dish	Beef Stroganoff Mix	SunMills	2.99
Meijer	Main Dish	Chicken Enchilada Bake (frozen)	evol.	3.99
Meijer	Main Dish	Chicken Nuggets (frozen)	Ians Friendly Foods For Liife	
Meijer	Main Dish	Chicken Tenders (frozen)	Applegate Naturals	5.99
Meijer	Main Dish	Corn Dog (frozen)	Applegate Naturals	5.99
Meijer	Main Dish	Fire Grilled Steak (frozen)	evol.	3.99
Meijer	Main Dish	Lemongrass Chicken (frozen)	evol.	3.99
Meijer	Main Dish	Mozzarella Sticks	Applegate Naturals	7.99
Meijer	Main Dish	Teriyaki chicken (frozen)	evol.	3.99
Meijer	Main Dish	Tostada Bowls	Rio Rancho	5.99
Meijer	Noodles	Elbow Noodles	Meijer Brand	1.99
Meijer	Noodles	Fusilli Noodles	Meijer Brand	1.99
Meijer	Noodles	Lasagna Cut Noodles	Meijer Brand	1.99
Meijer	Noodles	Pasta	Banza	3.99
Meijer	Noodles	Pasta Slides	SunMills	2.99
Meijer	Noodles	Restaurant Style Crackers, Black Bean crackers	Beanitos	2.99
Meijer	Noodles	Rice & Cheddar Pasta	Annie's	2.19
Meijer	Noodles	Rice Lasagna	De Boles	2.99
Meijer	Noodles	Shell Noodles	Meijer Brand	1.99
Meijer	Noodles	Spaghetti Noodles	Meijer Brand	1.99
Meijer	Rice	Quinoa	Ancient Harvest	
Meijer	Snack	Crispy Rice Sticks	Choco Dream	3.99
Meijer	Snack	Santa Fe BBQ, Sesante & Seaweed crackers	Rice Chips	2.99
Meijer	Snack	Sea Salt Crackers	Baked Lentil Chips	3.29
Meijer	Snack	Sea Salt Pretzel sticks	Gratify	4.29
Meijer	Snack	Yogurt Covered Pretzels	Gratify	3.59
Meijer	Snacks	Almond Nut Thins	Blue Diamond Natural	2.99
Meijer	Snacks	Blue Corn	Food Should Taste Good	2.99
Meijer	Snacks	Hummus & Crackers, Sunbutter & Crackers, Turkey & Crackers	gopicnic	3.99
Meijer	Snacks	Hummuz Crackers (Olive, Roasted Garlic)	Mediterranean Snacks	3.29
Meijer	Snacks	Kritters (Animal Crackers)	Kinnikinnick Foods	3.69
Meijer	Snacks	Lentil Crackers (Sea salt, Rosemary Herb, Pepper)	Mediterranean Snacks	3.29
Meijer	Snacks	Multigrain Crackers	Food Should Taste Good	2.99
Meijer	Snacks	Nut Thins	Artisan	2.99

Meijer	Snacks	Nut-thins Multi Seed	Blue Diamond Natural	2.99
Meijer	Snacks	Olive Crackers	Food Should Taste Good	2.99
Meijer	Snacks	Original Tortilla	Toufayan	4.99
Meijer	Snacks	Parmesan & Garlic, Original crackers	Glutino	4.39
Meijer	Snacks	Pretzels	Glutino	4.49
Meijer	Snacks	Sweet Potatoes chips	Food Should Taste Good	2.99
Meijer	Tortilla	Spinach Vegetable Tortilla	Toufayan	4.99
Meijer	Tortilla	Tortilla		4.49
Target	Baking	Xanthan Gum	Bob's Red Mill	9.99
Target	Bread/Baking Mixes	Banana Chocolate Chip Muffins	Garden Lites	2.99
Target	Bread/Baking Mixes	White Sliced Bread	Udi's	4.49
Target	Bread/Baking Mixes	Whole Grain sliced Bread	Udi's	4.49
Target	Breakfast Food	Bagels (frozen)	Udi's	4.49
Target	Breakfast Food	Waffles (frozen)	Van's	2.79
Target	Cereal	Cinnamon Heaven	Van's	3.99
Target	Granola	Crunchy Flax Granola	Enjoy Life	3.49
Target	Granola	Granola	Purely Elizabeth	5.99
Target	Granola	Rainforest Banana Granola	Bakery on Main	5.49
Target	Granola	Simple Granola	Udi's	5.49
Target	Noodles	Fusilli Noodles	Simply Balanced	2.49
Target	Noodles	Spaghetti Noodles	Simply Balanced	2.49
Target	Snack	Rice Thins	Nabisco	2.54
Target	Snacks	Multi-Grain Crackers	Crunchmaster	2.99
Target	Snacks	Nut Thins	Blue Diamond Natural	2.99
Wal-Mart	Baking	Multi-Purpose Flour	King Arthur Flour	6.18
Wal-Mart	Bread/Baking Mixes	Cornbread Mix	Krusteaz	3.78
Wal-Mart	Bread/Baking Mixes	Muffin Mix	King Arthur Flour	5.99
Wal-Mart	Dessert	Brownie Mix	King Arthur Flour	5.99
Wal-Mart	Dessert	Brownie Mix	Betty Crocker	4.36
Wal-Mart	Dessert	Chocolate Cake Mix	King Arthur Flour	5.99
Wal-Mart	Dessert	Chocolate Cake Mix	Betty Crocker	4.36
Wal-Mart	Dessert	Cookie Mix	Betty Crocker	4.36
Wal-Mart	Dessert	Yellow Cake Mix	King Arthur Flour	5.99
Wal-Mart	Dessert	Yellow Cake Mix	Betty Crocker	4.36
Wal-Mart	Noodles	Peppercorn Blend, Roasted Red Pepper, Sea Salt crackers	Food Should Taste Good	2.98
Westborn Market	Baking	All Purpose Flour	Bob's Red Mill	4.99
Westborn Market	Baking	Sorghum Flour	Bob's Red Mill	4.69
Westborn Market	Baking	Wheat Flour	Bob's Red Mill	7.49
Westborn Market	Baking	Xanthan Gum	Hodgson Mill	9.99
Westborn Market	Baking	Xanthan Gum	Bob's Red Mill	13.99
Westborn Market	Bread/Baking Mixes	Biscuit Mix	Bob's Red Mill	4.99
Westborn Market	Bread/Baking Mixes	Cornbread Mix	Bob's Red Mill	3.89
Westborn Market	Bread/Baking Mixes	Pancake & Waffle Mix	Maple Grove Farms	4.49
Westborn Market	Bread/Baking Mixes	Pizza Crust Mix	Hodgson Mill	4.99
Westborn Market	Bread/Baking Mixes	Pizza Crust Mix	Bob's Red Mill	4.69
Westborn Market	Breakfast Food	Ancient Maize Flakes	One Degree Organic Foods	5.99
Westborn Market	Cereal	Brown Rice Crisps	One Degree Organic Foods	5.99

Westborn Market	Dessert	Brownie Mix	Bob's Red Mill	7.29
Westborn Market	Dessert	Chocolate Cake Mix	Bob's Red Mill	4.99
Westborn Market	Dessert	Chocolate Chip Cookie Mix	Bob's Red Mill	5.99
Westborn Market	Dessert	Chocolate Chip Cookies	Home free	5.99
Westborn Market	Dessert	Chocolate Chip Cookies	Sage Valley	4.99
Westborn Market	Dessert	Pie Crust Mix	Bob's Red Mill	4.69
Westborn Market	Dessert	S'moreables	Kinnikinnick Foods	4.99
Westborn Market	Dessert	Shortbread Cookies	Amy's	3.99
Westborn Market	Dessert	Shortbread Cookies	Amy's	3.99
Westborn Market	Dessert	Tropical cookies	Caveman Cookies	5.99
Westborn Market	Dessert	Vanilla Sandwich Cookies	Sage Valley	4.99
Westborn Market	Main Dish	Beef Stock Soup Mix	Generic	2.99
Westborn Market	Main Dish	Chicken alfredo	Laurie's Kitchen	6.99
Westborn Market	Main Dish	Chicken Parmesan	Laurie's Kitchen	6.99
Westborn Market	Main Dish	Porcinin Mushroom & Chicken	Laurie's Kitchen	6.99
Westborn Market	Noodles	Fusilli Pasta	Delallo	3.99
Westborn Market	Noodles	Mac & Cheeze	Pastato	3.49
Westborn Market	Noodles	Orzo Pasta	Delallo	3.99
Westborn Market	Noodles	Penne Rigato Pasta	Delallo	3.99
Westborn Market	Noodles	Spaghetti Noodles	Delallo	3.99
Westborn Market	Rice	French Province Style Rice	Mediterranean Sensations	3.99
Westborn Market	Rice	Lemon & Garlic Rice Pilaf	Mediterranean Sensations	3.99
Westborn Market	Rice	Middle Eastern Style Rice	Mediterranean Sensations	3.99
Westborn Market	Rice	Spicy Cheese quinoa	Ancient Grains	4.99
Westborn Market	Rice	Spicy Olive & Tomato rice	Mediterranean Sensations	3.99
Westborn Market	Sauce	Beef Gravy	Generic	2.69
Westborn Market	Sauce	Cream Soup Mix	Generic	2.99
Westborn Market	Sauce	Pork Gravy	Generic	2.69
Westborn Market	Sauce	Turkey Gravy	Generic	2.69
Westborn Market	Snack	Rice Crisps	One Degree Organic Foods	5.99
Westborn Market	Snack	Vegetable Crackers	Glutino	5.99
Westborn Market	Snacks	Cracker Thins	Gratify	4.49
Westborn Market	Snacks	Crackers Classic Cheese	Wellaby's	3.99
Westborn Market	Snacks	Herb and Garlic Crackers	Brenton	3.29
Westborn Market	Snacks	Kritters (Animal Crackers)	Kinnikinnick Foods	4.99
Westborn Market	Snacks	Multigrain Crackers	Glutino	5.99
Westborn Market	Snacks	Original Crackers	Caveman Cookies	5.99
Westborn Market	Snacks	Original Crackers	Glutino	5.99
Westborn Market	Snacks	Original Crackers	Cracklebread	3.99
Westborn Market	Snacks	Original with Flax	Brenton	3.29
Westborn Market	Tortilla	Garden Vegetable Tortilla	Toufayan	
Westborn Market	Tortilla	Spinach Vegetable Tortilla	Toufayan	