

Store	Category	Item Name	Brand	Price
Westborn Market	Baking	All Purpose Flour	Bob's Red Mill	4.99
Meijer	Baking	All Purpose Flour	Pamela's	14.99
Meijer	Baking	Breadcrumbs	Glutino	3.99
Meijer	Baking	Breadcrumbs	Schar	3.29
Meijer	Baking	Flour	Cup 4 Cup	15.99
Wal-Mart	Baking	Multi-Purpose Flour	King Arthur Flour	6.18
Costco	Baking	Perfect Blend Flour	Namaste Foods	8.99
Westborn Market	Baking	Sorghum Flour	Bob's Red Mill	4.69
Westborn Market	Baking	Wheat Flour	Bob's Red Mill	7.49
Westborn Market	Baking	Xanthan Gum	Hodgson Mill	9.99
Westborn Market	Baking	Xanthan Gum	Bob's Red Mill	13.99
Target	Baking	Xanthan Gum	Bob's Red Mill	9.99
Meijer	Bread/Baking Mixes	Baking Mix	Cup 4 Cup	5.39
Target	Bread/Baking Mixes	Banana Chocolate Chip Muffins	Garden Lites	2.99
Westborn Market	Bread/Baking Mixes	Biscuit Mix	Bob's Red Mill	4.99
Meijer	Bread/Baking Mixes	Cinnamon Raisin Sliced Bread	Udi's	5.39
Westborn Market	Bread/Baking Mixes	Cornbread Mix	Bob's Red Mill	3.89
Wal-Mart	Bread/Baking Mixes	Cornbread Mix	Krusteaz	3.78
Meijer	Bread/Baking Mixes	Hamburger Buns	Udi's	5.39
Meijer	Bread/Baking Mixes	Hamburger Buns/Classic Rolls	Schar	4.49
Meijer	Bread/Baking Mixes	Hot Dog Buns	Schar	4.99
Meijer	Bread/Baking Mixes	Hotdog Buns	Udi's	5.39
Wal-Mart	Bread/Baking Mixes	Muffin Mix	King Arthur Flour	5.99
Costco	Bread/Baking Mixes	Multi Grain Bread	The Essential Baking Company	7.99
Westborn Market	Bread/Baking Mixes	Pancake & Waffle Mix	Maple Grove Farms	4.49
Meijer	Bread/Baking Mixes	Pancake Mix	Glutino	6.9
Meijer	Bread/Baking Mixes	Pancake Mix	Pamela's	16.99
Meijer	Bread/Baking Mixes	Pancake Mix	Glutino	4.29
Westborn Market	Bread/Baking Mixes	Pizza Crust Mix	Hodgson Mill	4.99
Westborn Market	Bread/Baking Mixes	Pizza Crust Mix	Bob's Red Mill	4.69
Meijer	Bread/Baking Mixes	Pizza Crust Mix	Cup 4 Cup	7.59
Meijer	Bread/Baking Mixes	Pre-made Baguettes	Schar	6.29
Meijer	Bread/Baking Mixes	Pre-made Pizza Crust	Schar	6.99
Meijer	Bread/Baking Mixes	Sliced Bread		5.99
Meijer	Bread/Baking Mixes	Sliced White Bread	Schar	5.49
Target	Bread/Baking Mixes	White Sliced Bread	Udi's	4.49
Costco	Bread/Baking Mixes	Whole Grain Bread	Udi's	6.99
Meijer	Bread/Baking Mixes	Whole Grain sliced Bread	Udi's	5.39
Target	Bread/Baking Mixes	Whole Grain sliced Bread	Udi's	4.49
Westborn Market	Breakfast Food	Ancient Maize Flakes	One Degree Organic Foods	5.99
Costco	Breakfast Food	Bagels	Udi's	5.99
Target	Breakfast Food	Bagels (frozen)	Udi's	4.49
Target	Breakfast Food	Waffles (frozen)	Van's	2.79
Meijer	Breakfast Food	Toasted Pastries	Glutino	4.39
Westborn Market	Cereal	Brown Rice Crisps	One Degree Organic Foods	5.99
Target	Cereal	Cinnamon Heaven	Van's	3.99

Westborn Market	Dessert	Brownie Mix	Bob's Red Mill	7.29
Meijer	Dessert	Brownie Mix	123 Gluten Free	6.99
Wal-Mart	Dessert	Brownie Mix	King Arthur Flour	5.99
Wal-Mart	Dessert	Brownie Mix	Betty Crocker	4.36
Westborn Market	Dessert	Chocolate Cake Mix	Bob's Red Mill	4.99
Wal-Mart	Dessert	Chocolate Cake Mix	King Arthur Flour	5.99
Wal-Mart	Dessert	Chocolate Cake Mix	Betty Crocker	4.36
Costco	Dessert	Chocolate Chip Brownie Mix	Johnny's	9.99
Westborn Market	Dessert	Chocolate Chip Cookie Mix	Bob's Red Mill	5.99
Westborn Market	Dessert	Chocolate Chip Cookies	Home free	5.99
Westborn Market	Dessert	Chocolate Chip Cookies	Sage Valley	4.99
Meijer	Dessert	Chocolate Covered Pretzels	Gratify	3.59
Meijer	Dessert	Cocoas & Vanilla Cookies	Annie's	4.49
Wal-Mart	Dessert	Cookie Mix	Betty Crocker	4.36
Meijer	Dessert	Cookies	Udi's	3.99
Meijer	Dessert	Lemon Bar Mix	Glutino	6.9
Meijer	Dessert	Pan Bars Mix	123 Gluten Free	6.99
Westborn Market	Dessert	Pie Crust Mix	Bob's Red Mill	4.69
Westborn Market	Dessert	S'moreables	Kinnikinnick Foods	4.99
Westborn Market	Dessert	Shortbread Cookies	Amy's	3.99
Westborn Market	Dessert	Shortbread Cookies	Amy's	3.99
Meijer	Dessert	Shortbread Cookies	Schar	3.99
Meijer	Dessert	Snicker doodles	Annie's	4.49
Westborn Market	Dessert	Tropical cookies	Caveman Cookies	5.99
Westborn Market	Dessert	Vanilla Sandwich Cookies	Sage Valley	4.99
Wal-Mart	Dessert	Yellow Cake Mix	King Arthur Flour	5.99
Wal-Mart	Dessert	Yellow Cake Mix	Betty Crocker	4.36
Target	Granola	Crunchy Flax Granola	Enjoy Life	3.49
Target	Granola	Granola	Purely Elizabeth	5.99
Costco	Granola	Granola Original	Udi's	6.79
Target	Granola	Rainforest Banana Granola	Bakery on Main	5.49
Target	Granola	Simple Granola	Udi's	5.49
Meijer	Granola/Protein Bars	Blueberry Granola Bars	Glutino	4.95
Meijer	Granola/Protein Bars	Caramel Apple Granola Bars	Enjoy Life	3.99
Meijer	Granola/Protein Bars	cherry Cobbler Bars	Enjoy Life	4.99
Meijer	Granola/Protein Bars	Coco Loco Bar	Enjoy Life	3.99
Meijer	Granola/Protein Bars	Granola Bars	Chocolate Sunbutter	4.99
Meijer	Granola/Protein Bars	Mixed Berry Bar	Enjoy Life	3.99
Costco	Granola/Protein Bars	Protein Delights	Nogh	13.79
Costco	Granola/Protein Bars	Pure Protein Bar	Pure Protein	17.69
Meijer	Main Dish	Beef Lasagna Mix	SunMills	2.99
Westborn Market	Main Dish	Beef Stock Soup Mix	Generic	2.99
Meijer	Main Dish	Beef Stroganoff Mix	SunMills	2.99
Westborn Market	Main Dish	Chicken alfredo	Laurie's Kitchen	6.99
Costco	Main Dish	Chicken Burritos (frozen)	Udi's	10.79
Meijer	Main Dish	Chicken Enchilada Bake (frozen)	evol.	3.99
Meijer	Main Dish	Chicken Nuggets (frozen)	Ians Friendly Foods For Liife	

Westborn Market	Main Dish	Chicken Parmesan	Laurie's Kitchen	6.99
Meijer	Main Dish	Chicken Tenders (frozen)	Applegate Naturals	5.99
Meijer	Main Dish	Corn Dog (frozen)	Applegate Naturals	5.99
Meijer	Main Dish	Fire Grilled Steak (frozen)	evol.	3.99
Meijer	Main Dish	Lemongrass Chicken (frozen)	evol.	3.99
Meijer	Main Dish	Mozzarella Sticks	Applegate Naturals	7.99
Costco	Main Dish	Peperoni Pizza (frozen)	Udi's	13.69
Westborn Market	Main Dish	Porcinin Mushroom & Chicken	Laurie's Kitchen	6.99
Meijer	Main Dish	Teriyaki chicken (frozen)	evol.	3.99
Meijer	Main Dish	Tostada Bowls	Rio Rancho	5.99
Costco	Noodles	Black Bean Spaghetti	Explore Asian	8.99
Meijer	Noodles	Elbow Noodles	Meijer Brand	1.99
Meijer	Noodles	Fusilli Noodles	Meijer Brand	1.99
Target	Noodles	Fusilli Noodles	Simply Balanced	2.49
Westborn Market	Noodles	Fusilli Pasta	Delallo	3.99
Meijer	Noodles	Lasagna Cut Noodles	Meijer Brand	1.99
Westborn Market	Noodles	Mac & Cheeze	Pastato	3.49
Westborn Market	Noodles	Orzo Pasta	Delallo	3.99
Meijer	Noodles	Pasta	Banza	3.99
Meijer	Noodles	Pasta Slides	SunMills	2.99
Costco	Noodles	Penne Pasta	Solare	6.79
Westborn Market	Noodles	Penne Rigato Pasta	Delallo	3.99
Wal-Mart	Noodles	Peppercorn Blend, Roasted Red Pepper, Sea Salt crackers	Food Should Taste Good	2.98
Meijer	Noodles	Restaurant Style Crackers, Black Bean crackers	Beanitos	2.99
Meijer	Noodles	Rice & Cheddar Pasta	Annie's	2.19
Meijer	Noodles	Rice Lasagna	De Boles	2.99
Meijer	Noodles	Shell Noodles	Meijer Brand	1.99
Westborn Market	Noodles	Spaghetti Noodles	Delallo	3.99
Meijer	Noodles	Spaghetti Noodles	Meijer Brand	1.99
Target	Noodles	Spaghetti Noodles	Simply Balanced	2.49
Westborn Market	Rice	French Province Style Rice	Mediterranean Sensations	3.99
Costco	Rice	Gourmet Rice Snack	Wild Rice Works	5.99
Westborn Market	Rice	Lemon & Garlic Rice Pilaf	Mediterranean Sensations	3.99
Westborn Market	Rice	Middle Eastern Style Rice	Mediterranean Sensations	3.99
Meijer	Rice	Quinoa	Ancient Harvest	
Westborn Market	Rice	Spicy Cheese quinoa	Ancient Grains	4.99
Westborn Market	Rice	Spicy Olive & Tomato rice	Mediterranean Sensations	3.99
Westborn Market	Sauce	Beef Gravy	Generic	2.69
Westborn Market	Sauce	Cream Soup Mix	Generic	2.99
Westborn Market	Sauce	Pork Gravy	Generic	2.69
Westborn Market	Sauce	Turkey Gravy	Generic	2.69
Meijer	Snack	Crispy Rice Sticks	Choco Dream	3.99
Westborn Market	Snack	Rice Crisps	One Degree Organic Foods	5.99
Target	Snack	Rice Thins	Nabisco	2.54
Costco	Snack	Rollers (Rice Krispy Treats)	Bamboo Lane	6.99
Meijer	Snack	Santa Fe BBQ, Sesante & Seaweed crackers	Rice Chips	2.99
Meijer	Snack	Sea Salt Crackers	Baked Lentil Chips	3.29

Costco	Snack	Sea Salt Chips	Kettle Potatoes Chips	4.59
Meijer	Snack	Sea Salt Pretzel sticks	Gratify	4.29
Westborn Market	Snack	Vegetable Crackers	Glutino	5.99
Meijer	Snack	Yogurt Covered Pretzels	Gratify	3.59
Meijer	Snacks	Almond Nut Thins	Blue Diamond Natural	2.99
Costco	Snacks	Baked Crackers	Milton's	7.69
Meijer	Snacks	Blue Corn	Food Should Taste Good	2.99
Costco	Snacks	Chia Seed Tortilla Chips	Garden of Eatin	5.79
Westborn Market	Snacks	Cracker Thins	Gratify	4.49
Costco	Snacks	Crackers	Mary's Gone Crackers	8.59
Westborn Market	Snacks	Crackers Classic Cheese	Wellaby's	3.99
Westborn Market	Snacks	Herb and Garlic Crackers	Brenton	3.29
Meijer	Snacks	Hummus & Crackers, Sunbutter & Crackers, Turkey & Crackers	gopicnic	3.99
Meijer	Snacks	Hummuz Crackers (Olive, Roasted Garlic)	Mediterranean Snacks	3.29
Westborn Market	Snacks	Kritters (Animal Crackers)	Kinnikinnick Foods	4.99
Meijer	Snacks	Kritters (Animal Crackers)	Kinnikinnick Foods	3.69
Meijer	Snacks	Lentil Crackers (Sea salt, Rosemary Herb, Pepper)	Mediterranean Snacks	3.29
Costco	Snacks	Multi-Grain Crackers	Crunchmaster	7.49
Target	Snacks	Multi-Grain Crackers	Crunchmaster	2.99
Costco	Snacks	Multigrain	Food Should Taste Good	5.99
Westborn Market	Snacks	Multigrain Crackers	Glutino	5.99
Meijer	Snacks	Multigrain Crackers	Food Should Taste Good	2.99
Meijer	Snacks	Nut Thins	Artisan	2.99
Target	Snacks	Nut Thins	Blue Diamond Natural	2.99
Meijer	Snacks	Nut-thins Multi Seed	Blue Diamond Natural	2.99
Meijer	Snacks	Olive Crackers	Food Should Taste Good	2.99
Westborn Market	Snacks	Original Crackers	Caveman Cookies	5.99
Westborn Market	Snacks	Original Crackers	Glutino	5.99
Westborn Market	Snacks	Original Crackers	Cracklebread	3.99
Meijer	Snacks	Original Tortilla	Toufayan	4.99
Westborn Market	Snacks	Original with Flax	Brenton	3.29
Meijer	Snacks	Parmesan & Garlic, Original crackers	Glutino	4.39
Costco	Snacks	Popcorn	Pirate's Booty	8.99
Meijer	Snacks	Pretzels	Glutino	4.49
Costco	Snacks	Pumpkin Palooza Crisps	Nutritious Nut Creations	10.99
Meijer	Snacks	Sweet Potatoes chips	Food Should Taste Good	2.99
Costco	Snacks	Sweet Potatoes Tortilla Chips	Late July Snacks	5.99
Costco	Snacks	Tortilla Chip	Way Better Snacks	6.79
Westborn Market	Tortilla	Garden Vegetable Tortilla	Toufayan	
Westborn Market	Tortilla	Spinach Vegetable Tortilla	Toufayan	
Meijer	Tortilla	Spinach Vegetable Tortilla	Toufayan	4.99
Meijer	Tortilla	Tortilla		4.49